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"HOLY ROSARY ACADEMY LAUNCHES INTO THE SCHOOL YEAR 2024-2025"

BY: KEENE MAVERHIC CABALHIN

On the 22nd day of July 2024, the Holy Rosary Academy officially starts the school year 2024-2025 and commences the opening ceremony at Holy Rosary Academy Public Plaza. Students gather at the newly remodeled ground for a short orientation and introduction among the staff of the school.

A new senior high school student, Atasha Hersano says about her first day, "I am excited, especially because there are new fellow students, and also because I've moved on to being a grade-11 student. means more opportunities activities. But all I can say is that, it is exciting nerve-racking and at same time."

Another new Senior High School student, Vince Magallanes says that he is anxious and nervous on the first day of school.

Students, as well as the school, continue to adjust in this new beginning.













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"IS HOLY ROSARY ACADEMY UP FOR A NEW ERA?"

BY JEREMY MOBO

Holy Rosary Academy of Hinunangan Inc., has a new school director! Introducing Rev. Fr. Jan Chris Czar V. Tilaon, a teacher of Theology, Psychology and Physiology and a man called by God to serve Christ and the church.

Holy Rosary Academy of Hinunangan Inc., has a new school director! Introducing Fr. Jan Chris Szar V. Tilaon, teacher of Theology, Psychology and Physiology and a man called by God to serve Christ and the church. He has no plans to become the school director that he is today, but he states that "it was all God's will for him". He possesses traits that he's confident with, such as having, "diligence, dedication and many special skills." Though he feels "nervous and dehumbled" becoming the

newly elected school director, he declares that he is very much capable of handling and will do his best to make Holy Rosary Academy the best it can be. When asked about his plans for the following years about guiding this school, he states that his plan is to "continue the legacy of his past predecessors, next is creating improvements for this school, then to edify the spiritual form of all the students and faculty members, and lastly to continue the Holy Rosary Academy family of love." According to him, six years from now

he will still have the love for knowledge, more progressive development for the school and continue educating the souls of our dear rosarians. Holy Rosary Academy of Hinunangan Inc. is now entrusted to a leader who possesses a profound thirst for wisdom and a deep commitment to serving God. With a clear vision and unwavering dedication, he is determined to elevate the institution and restore the glory of Holy Rosary Academy to its rightful place

"NUTRITION MONTH FINALLY RETURNS!"

On July 31, 2024, the Rosarians celebrated again the Nutrition-Month Culmination at the Holy Rosary Academy gymnasium after years of being unable to commemorate it due to the COVID-19 pandemic and school calendar disarrangements. The students participate in Zumba dances, parlor games, poster making contest, cooking contest, and more, to express the power of having a healthy lifestyle and to showcase their own talents. The winners of each contest receive certificates as a recognition their participation. In spite of many activities, the 'agri-fair''(market type), as part of the usual Nutrition-Month celebration was not included



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this time. Glaiza Valerie Gabor. a STEM student says about the culmination, "It is an inspiring day that motivated me to focus more on making healthier choices in my daily life." Students teachers and look forward to more nutritional activities healthy improvements personal lifestyles.



"BUWAN NG WIKA: IPINAGDIWANG NG HRA" NI ZIA FEJI

oong Biyernes, ika-30 Agosto 2024, opisyal ipinagdiwang Buwan ng Wika na may temang "Filipino: Wikang Mapagpalaya." Sinimulan ang kulminasyon pamamagitan ng isang parada naganap bandang 7:15 ng umaga, sa pangunguna ng HRA Blue Deep Marching Band. Aktibong nakilahok ang mga estudyante mula Elementarya hanggang Senior High school. Sinundan ito ng pagkuha ng

"PTA: UNANG HOMEROOM MEETING AT GENERAL ASSEMBLY"

NI ZIA **FEJI**

Ginanap ang kauna-unahang Parents and Teachers Association (PTA) Homeroom Meeting noong ika-sampu ng Agosto, sa ganap na ika-1:30 ng hapon, para sa taong dalawang libo't dalawampu't apat hanggang dalawang libo't dalawampu't lima. Dinaluhan ito ng lahat ng mga magulang mula Elementarya hanggang Senior High School. Nagkaroon ng halalan ng mga opisyales sa bawat antas ng departamento. Sa pagpupulong sa bawat klase, pinagusapan ang grading system, mga polisiya

mga litrato ng iba't ibang organisasyon, kabilang ang mga guro, SSLG Officers, at Filipino Club Officers. Pagkatapos nito, nagsagawa ng kani-kaniyang aktibidad ang bawat departamento. Pagsapit ng 1:15 ng hapon, nagtipon ang lahat ng magaaral mula sa Elementarya hanggang Senior High School sa loob Gymnasium ng Holy Rosary Academy of Hinunangan, Mababakas kanilang paghahanda sa kulminasyon sa kanilang iba't ibang kasuotang pinoy. Bago magsimula ang programa, nagbigay muna ng doxology ang "Dance Troupe," na sinundan ng pag-awit ng Pambansang

ng paaralan, talatakdaan ng buwanang pagsusulit at unang markahang pagsusulit, mga aktibidad para sa buwan ng Agosto, at ang school calendar activities. Matapos ang Homeroom Meeting, sinundan ito ng General Assembly na ginanap sa gymnasium ng paaralan sa ganap na ika-3:00 ng hapon. Dito, nagtipon ang mga magulang upang maghalal ng mga bagong opisyales ng PTA. Muling itinalaga si G. Ramil O. Capor bilang presidente ng PTA. Kasunod nito, tinalakay nila ang mga pagkukumpuni ng ilang ang pagkukumpuni ng ilang

Awit at ng Southern Leyte Hymn. Ibinigay ni Bb. Marilou Papa, Punong Guro at tagapagpayo, ang pambungad na mensahe na agad na sinundan ng Dance mula Unity piling mga mag-aaral ng HRA. Binahagi naman ng mga tagapagdaloy ang layunin ng pagdiriwang, siyang nakatuon pagpapalaganap kahalagahan ng sariling wika. Sunod nito ang pagpapakilala sa mga hurado: si Gng. Aieza Marie Tagnipez, SHS Department Coordinator; si G. Nijebern Ochabillo, Punong Guro ng Paaralan; at ang Punong Hurado, si G. Dhandel John T. Vacal, isang dating

silid-aralan at pagbibigay ng pinansyal na suporta sa Deep Blue Marching Band. Natapos ang pagpupulong sa isang talumpati mula sa punong-guro, si G. Nijebern M. Ochabillo, at sa pagpapakilala ng mga guro sa bawat baitang.



Disc Jockey, miyembro ng Catholic Charismatic Choir, Choreographer, Freelance mananayaw, Make-up Artist, Wedding Planner, at Coordinator. Matagumpay na naisagawa ang kulminasyon at lahat ay nagpakita nang kanilang kahusayan taglay na pagtatanghal. mga Damang-dama ang diwa ng nasyonalismo dahil sa mga ipinakitang talento ng mga mag-aaral. Sa labanan ng katutubong sayaw sa elementarya, nilahukan ito ng mga mag-aaral mula sa ika-1, ika-2, at ika-3 baitang, at nagwagi ang ikatlong baitang. Pagkatapos nito, isang magaaral mula sa ika-1 baitang





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ang nag-alay ng tulang "Ang Pipit" ni Levi Celerio. Sunod na itinanghal ng mga mag-aaral mula sa ika-4, ika-5, at ika-6 na baitang ang "Sayawit," kung saan nangibabaw ang ika-5 na baitang. Sa paligsahan ng pagawit ng Kundiman mula sa baitang 7 hanggang 10 sa Junior High School, nangibabaw ang ika-7 baitang sa kanyang pagawit ng "Anak" ni Freddie Aguilar. Nakamit naman ng St. John ang unang paligsahan parangal sa Interpretatibong ng Sayaw laban sa lahat ng seksyon ng ika-7 baitang. Nagtagumpay ang Anthony sa kompetisyon katutubong savaw laban sa lahat ng seksyon ng ika-8 baitang. Mula

sa tatlong seksyon ng ika-9 na baitang, ang St. Martin ang nagkamit ng panalo sa Etnikong Sayaw. Nangibabaw naman ang St. Paul sa Tagisan ng Sabayang Pagbigkas laban sa iba pang seksyon ng ika-10 baitang. Nagwagi si Kristine Jane Abrea mula ika-11 baitang sa Spoken Word Poetry laban sa pambato ng ika-12 baitang. Sa paligsahan ng pag-awit ng Kundiman pangdalawahan, muling nagwagi ang ika-11 baitang, na kinabibilangan nina Lea Isabel Piamonte at Jan Russell Anguilid. Sa paligsahan ng Hugot Lines, nagwagi ang ika-12 baitang laban sa ika-11 baitang. Nakatanggap din espesyal na pagkilala ang seksyon na St. Thomas mula sa departamento ng

Senior High School, habang ang seksyon na St. Anthony naman ang nakatanggap nito mula sa departamento ng Junior High School bilang may pinakamalinis silid-aralan, isang pagkilalang inorganisa ng Supreme Student Learner Government (SSLG). pagtatapos kulminasyon, nagbigay ng pangwakas na mensahe si

G. Alexzel Duyaguit, na sinundan ng pasasalamat mula sa mga tagapagdaloy na sina Jasmine Suello at Jeremy John Mobo. Winakasan ang programa sa pag-awit ng Himno ng Institusyon, na opisyal na nagtapos sa pagdiriwang ng Buwan ng Wika.



"CLASH OF FACTION BEGINS!"

BY KEENE CABALHIN

he meeting for each faction



of Holy Rosary Academy The Elite Wizards gather at the Clarisse Abanador, a Grade takes place on September 18, HRA gymnasium, while the 12 student is nominated as 2024. Students and teachers Fearless Hunters and defending the Hunters' official president, from different factions gather champions, Mighty Warriors, while Walter Geo Guibone in separate locations for the split the plaza with the Hunters remains being the president nomination of officers and occupying on the left side and for the Warriors' as he was announcement of activities the Warriors on the right last year. Lastly, Clowey

Deluta nominated was president for the Wizards. Each faction begins continues to prepare for the awaited loyalty days.





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"BFP-HINUNANGAN: NAGTURO NG PAGGAMIT NG FIRE EXTINGUISHER SA HRA SENIOR HIGH SCHOOL"

raw ng Lunes, ikang Agosto 2024, ng Bureau bumisita ang Protection-Fire Hinunangan, Southern Leyte sa Holy Rosary Academy of Hinunanagan, Inc. - Senior High School magbigay upang mahalagang kaalaman sa mga mag-aaral. Ang pagbisita kanilang ay naglalaman isang ng maikling pagsasalaysay pagsasanay at sa tamang paggamit extinguisher. fire ng

estratehiya at pamamaraan na makatutulong sa mga mag-aaral na madaling matandaan ang paggamit ng fire extinguisher. Itinuro nila ang acronym na "TPASS," nangangahulugang Twist, Pull, Aim, Squeeze, at Sweep—isang simpleng gabay sa wastong paggamit nito. Ibinahagi rin nila ang acronym na "ABC," na tumutukoy sa Ash, Boil, at Circuit, upang ipaliwanag ang mga uri ng sunog na maaaring gamitan fire extinguisher. Bago magtapos ay may naganap na pagsasanay,

nagkaroon ng pagkakataon

ang ilang mga mag-aaral na magsagawa ng handson na paggamit ng fire extinguisher, na nagpatibay sa kanilang kasanayan at kumpiyansa sa pagharap sa mga sitwasyon ng sunog. Ang mga aktibidad na ito ay isang mahalagang hakbang sa pagpapalawak

kaalaman ng mga mag-aaral sa kaligtasan laban sa sunog. Taospusong nagpapasalamat ang paaralan sa Bureau of Fire Protection para kanilang oras at dedikasyon sa pagtuturo mga mag-aaral.

NI ZIA FEJI





pagtuturo, BFP

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Lka-20 ng Agosto 2024, Biyernes, sa Gymnasium ng Holy Rosary Academy of Hinunangan, Inc., alas tres ng hapon, ginanap ang Annual Spirit Mass. Ang misa ay dinaluhan ng 969 na estudyante mula sa Elementarya, Junior High, at Senior High School, pati na rin ang mga guro, kawani ng paaralan, at

"ISINAGAWA: ANNUAL SPIRIT MASS AT PAGKILALA SA BAGONG"

NI ZIA FEJI

ilang mga magulang. Ang misa ay pinamunuan ni Most Reverend Precioso D. Cantillas, SDB, DD., presidente ng paaralan at obispo ng diyosesis ng Maasin, kasama si Reverend Father Jan Chris Czar V. Tilaon, ang direktor ng paaralan. Layunin ng misa ang pagpapahayag pasasalamat at panalangin para sa bagong taon ng pag-aaral, kasama ang pagpapakilala mga bagong itinalagang opisyal

ng Parents and Teachers

Association (PTA). pagtatapos ng misa, ang mga bagong opisyales ng PTA ay formal na nanumpa sa kanilang mga tungkulin. Sa panghuli ay nagbigay ng mensahe si Fr. Precioso D. Cantillias na nagbigaykahalagahan diin sa pagkakaisa pagtutulungan ng bawat isa sa pag-abot ng tagumpay sa bagong taon ng pag-aaral at ang nagkaroon ng "group picture." Ang Annual Spirit Mass ay nagbigay inspirasyon at lakas ng loob sa lahat ng dumalo upang

harapin ang mga hamon ng taon na may pag-asa at determinasyon. Sa bagong simula, umaasa ang lahat na magdadala ito ng mga positibong pagbabago at tagumpay para sa Holy Rosary Academy Hinunangan,







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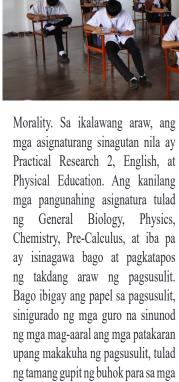
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"GINANAP ANG UNANG BUWANANG PAGSUSULIT NG HRA"

NI ZIA FEJI

Ang unang buwanang pagsusulit ay isinagawa at tumagal ng dalawang araw, mula ika-16 ng Agosto hanggang ika-17 ng taong 2024. Ginanap ito sa departamento ng Elementarya, Junior High, at Senior High School. Sa Junior High School, ang ika-7 at ika-8 baitang ay nagkaroon ng pagsusulit sa umaga, kung saan ang kanilang unang sinagutan ay mga asignaturang Filipino, Agham, Araling Panlipunan, MAPEH (Music, Arts, Physical Education, at Health), at Computer. Samantalang ang ika-9 at ika-10 baitang, na pang-hapon, ay nagkaroon ng pagsusulit sa mga asignaturang Matematika, English, Technology and Livelihood Education,

Edukasyon sa Pagpapakatao, at Religion. Sa ikalawang araw, ang mga asignaturang pang-umaga at pang-hapon ay ipinagpalit lamang. Sa Senior High School, ang ika-11 baitang ay nagkaroon ng pagsusulit sa hapon, kung saan ang mga asignatura nila sa unang araw ay Communication. General Mathematics, Personal Development, at Physical Education. Sa ikalawang araw naman, ang mga asignaturang isinagutan nila ay Earth Science, Komunikasyon at Pananaliksik, 21st Century Literature, at Empowerment Technology. Ang ika-12 baitang ay nagkaroon ng pagsusulit sa umaga, kung saan ang mga asignatura nila sa unang araw ay Introduction to Philosophy, USCP, Filipino, at



lalaki at pagsusuot ng kumpletong

uniporme. Maraming mag-aaral ang

nagpakita ng kanilang dedikasyon

sa pag-aaral at naglapat ng kanilang

natutunan sa mga pagsusulit.

Mahigpit ring binantayan ng mga

guro ang mga mag-aaral upang matiyak na walang estudyanteng gumawa ng hindi tamang gawain. Sa pangkalahatan, ang unang buwanang pagsusulit ay nagbigaydiin sa kahalagahan ng pagsisikap at tamang preparasyon sa pag-aaral. Ang maayos na pagsasagawa nito ay hindi lamang sumusukat sa kaalaman ng mga estudyante kundi pati na rin sa kanilang disiplina at responsibilidad. Sa paglalapat ng mga patakaran at pagbibigay ng sapat na oras para sa pagsusulit, ang mga guro at mag-aaral ay nagtulong-tulong upang matiyak ang isang makabuluhang karanasan sa pag-aaral. Ang mga resulta ng pagsusulit ay magiging pundasyon para sa mga susunod na hakbang sa kanilang akademikong paglalakbay.









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"TEACHERS EMPOWERED IN CEAP VIII REGIONAL ASSEMBLY FOCUSED ON INNOVATIVE EDUCATION STRATEGIES AND CLASSROOM SOLUTIONS"

BY JEREMY MOBO

The Catholic Educational Association of the Philippines (CEAP) Region VIII held its annual regional assembly in Tacloban City on September 14, 2024. The assembly centered on the theme "Pilgrims and Agents of Hope: Embracing Synodality." According to Mrs. Aieza Marie Tagnipez, one of the participants, the event was an opportunity for teachers to gain valuable lessons, particularly on synodality, which emphasizes inclusivity and collaboration. As educators and agents of hope, they were reminded of their mission to journey towards a more inclusive and collaborative future. Mrs. Tagnipez shared that teachers

must open their hearts and minds in the pursuit of greatness in Catholic education. A sense of belonging to the community is crucial, as educators are key stakeholders in embracing various types of changes in the educational landscape. Rev. Fr. Albert N. Delvo, CEAP President, noted, "Changes are inevitable; we encounter many changes in our daily lives." He emphasized that teachers must remain optimistic in adapting to the transformations occurring within The assembly was not just a learning experience but also an opportunity for camaraderie, with participants provided with seminar kits, food, convenience, and raffle draws to

encourage them. Notable keynote speakers included Congressman Jude A. Acidre, a representative from the TINGOG Party-list, and Dr. Evelyn R. Fetalvero, the Regional Director of Schools. Mrs. Tagnipez also reflected on how the seminar has helped her grow as an administrator and a teacher in her community. She highlighted that as pilgrims, educators must work together with hope, be prepared to serve, and unite in order to find purpose. Overall, this year's CEAP VIII Regional Assembly was a resounding success and has positively impacted teaching staff, inspiring them to continue their mission with renewed energy and focus.





"STUDENTS FROM HOLY ROSARY ACADEMY OF HINUNANGAN INCORPORATED GEAR UP FOR THE UPCOMING MIDTERM EXAMINATION." BY JEREMY MOBO

 \mathbf{A}_{S} of September 16, 2024, this have embraced the challenge, 11 students to stay focused in stressful enough marking the final grade of this many learners, some students Allan

week marks the start of exams spending long hours preparing and at Holy Rosary Academy of collaborating with group studies. Results are expected to be released preparing extra resources, holding a challenge for us students review sessions, and encouraging to manage our time, but with determination times. With the examination patience, I believe we can surpass academic test." said Grade Dugos,

senior high student.

Hinunangan Incorporated. And the "It is really hard since there next week after the exam, marking campus is buzzing with activities. are many upcoming activities a key point in the semester and Students are preparing for their that await us: mathsci and the giving students a clearer picture examination, and teachers are intramurals. It is going to be of their academic progress so far.



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"WHITE SYMBOLISM"

BY JOHANN **EXILE**

first day school can successfully be called memorable; as various students mentioned their and excitement eagemess to learn and create more with memories new people. On that specific day, the color white was the highlight of every student's eyes. the symbolizes purity of the students present, which will remind them shine brighter and to stand tall for the

following school year. On that day, the eye of the public was solely focused in the name Holy Rosary Academy: the sound of the school band playing their music, resonated through the hearts of the eager learners who are yearning to learn and become better. The thoughts of becoming "Better" echoed throughout the students' minds, as they simply hope for the betterment of their education which entails the purity of

their intentions. As many may question the sincerity of the school's faculty and its personnel: it is simply the beginning for trusts to form and reinvent themselves through themindsofthepeople and the students. The idea of a successful first day reminded the public how much effort the school put in order for the students to receive the kind of environment they need. Students entered the plaza with a bright smile, which symbolizes how much

the school reminded them of the joys and laughs for a fun and exciting school year. Although there may be some ups and downs, the idea of our purity shines brighter than what our uniforms entail. The uniforms will remain brighter the more it is washed and cleaned, as it will continue to undergo difficult challenges. To conclude, one's purity should continue to improve for a brighter and better future.





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"INSPIRATION INNOVATION"

BY: JOHANN EXILE

poster making competition as held Holy Rosary Academy to officially announce the beginning of the nutrition month culmination. During those times, there came the hands of students various challenged themselves to portray certain posters of how they envisioned their lives for the betterment of our community. The smallest strokes of a paintbrush were an image the artists craved to perfect: from tiniest

details towards the harmony of various colors, in order for their message to be received in which mirrors the true value of an artist. These values were during shown the competition in which a lot of students offered their creativity and availability to create life within their canvases. A lot of effort was put in order to create that masterpieces will engrave in the minds of the audience, to which those posters aim to work for the health

betterment of living persons. Those art pieces will aspire and inspire change within one's own lifestyle. The posters can be called the formation of colorful images to which we can mirror the artists true feelings during the said competition. and every student aimed for the best, especially those who truly value the art of poster making, as various students shared their excitement eagemess to win the said competition. This just ⁻ shows

how much creativity and talent students can have as long as they aim for it, just as the colorful images described that the hands of the children make our future. Although it does indeed require dedication, it also patience requires and the support from the people around them making the competition success. То conclude, one's hands can challenge not just your ability make art but to have to certain understandingsofthe world around you.

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"PANGAMBA SA RESULTA NG NCAE: PAGTUONAN"

NI KRISTINE ABREA

ng ibinigay na pasulit ng NČAE mga mag-aaral sa ika-sampung baitang ay silbing gabayatpaghahanda sa kanila para sa Senior High School. Nagbibigay ito ng pagkakataon sa mga estudyanteng kiſalanin ang kanilang angking kakayahan para pagtalakay nila nanaising sa propesyon sa hinaharap. kabila

nito, dapat ring pagtuonan ang kung ano ang mangyayari pagkataposmailabas ang resulta. Kung sakali mang estudyante ay may hindi naipasang asignaturangayonsa ninanais na Strand, mapipilitan ay siyang kumuha ng ibang Strand na hindi hanay sa kagustuhan. Nagpapakita man importansya NCAE para ng NC sa mga abili ad ng

bawat mag-aaral, datapwa't sumisilip din sa kaalaman ng ilan ang hindi pagiging patas nito. Ang edukasyon ay para sa lahat pero mabuti ring magkaroon ng lohikal na pag-iisip sa pagkakaroon ng basehan tungo sa pagpili ng gustong karera o propesyon lalong-lalo na kung tiyak ang iyong antas ng kakayahan at abilidad para dito.

"PAGBABALIK NG NCAE: HAMON **ANG BIGAY SA MGA ESTUDYANTE"**

NI KRISTINE **ABREA**

inamon National ng Career Assessment Examination (NCAE) ang mga mag-aaral ng ika-sampung baitang ng Holy Rosary Academy of Hinunangan, Inc. sa muling pagbabalik nito pagkalipas ng limang taon. Ang NCAE ay silbing gabay ng bawat mag-aaral para sa kukunin nilang Strand pagdating sa Senior High School at kung saang Senior High Track sila nababagay. Sa pagsusulit na ito, dito natutuklasan kung saan aayon ang kakayahan ng bawat estudyante. Nagkaroon ng dalawang araw na pagsusulit ang mga mag-aaral noong ika-14 at ika-15 ng Agosto 2024 bago idinaos ang unang buwanang pagsusulit. Labindalawang asignatura kanilang sinagutan sa pagsusulit nang wala man lang tagasuri o "reviewer". Ang hamong haharapin ng mga mag-aaral dito ay kung sakali mang hindi sila pumasa sa asignaturang angkop sa kanilang gustong Strand ay mapipilitan silang kumuha ng ibang Strand na hindi ayon sa kanilang kagustuhan at sa kursong kukunin nila sa kolehiyo.Bagaman, nakikitaan din ng importansya at kahalagahan ang NCAE dahil sa pamamagitan nito, matutuklasan ng bawat estudyante ang kanikanilang mga kakayahan na isang mahalagang aspekto sa pagkamit ng kanilang gustong propesyon. At sa pamamagitan nito, nahahanda ang mga mag-aaral ng ika-sampung baitang para sa enrollment Senior High School.

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"CELEBRATING THE BIRTH AND LIFE OF MOTHER MARY" $_{ m BY\ JOHANN\ EXILE}$

September 8, 2024, a public mass was held, presided over by Reverend Fr. Jan V. Czar Tilaon, serving both the Holy Church and the school director of Holy Rosary Academy Holy Hinunangan The Inc. event in advance celebration of Mary Mother and her birth, drawing many Rosarians and others to gather this **Tovely** The occasion. proceeded mass

smoothly, followed by the offering of flowers and gifts as an expression gratitude of the Holy Mother. The ceremony began with the recitation of the Rosary, Holy and the homily, which inspired and enlightened attendees. many

It was of interest to everyone that flowers were mandatory, and in the willingness of Christians, gifts and fruits were also offered. Many participants

remarked how unforgettable the celebration was, highlighting the deep love and reverence for Mother Mary and the Church, especially with the respect shown throughout the event. The mass deemed was success, with staff various of members Rosary Holy Academy helping to organize and support the event. In conclusion, the occasion truly lived up to celebration the

Mother Mary deserved, especially on her birthday.

The blessed and everglorious Virgin Mary, descended from the royal race and family of David, was born in the city of Nazarethanded ucated at Jerusalem in the temple of the Lord.

-TheGospeloftheBirthofMary

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"CREATIVITY IN ACTION - A STEP TOWARDS A SUSTAINABLE FUTURE" BY AMARA SESCON

our Grade 11 students from different sections recently showcased their talent and creativity in a poster-making contest that reflected their shared commitment to progressive sustainable and future. The theme, "Partnerships to Progressive and Sustainable Future," was an invitation for the young minds to express their vision of collaboration and forward-thinking in a world increasingly threatened environmentalchallenges.

What stood out about this particular contest was not just the artistic skill on

display but the dedication and focus of the Using participants. primarily markers and minimizing their of oil students pastels, use poured the their hearts into their posters. In an impressive feat of concentration, they worked continuously with no breaks, driven by their passion for the cause. Their perseverance was inspiring, showing that dedication to both their art and the theme can lead to remarkable outcomes.

This contest wasn't just about winning or creating beautiful artwork; it was a testament to the power of partnerships working together for a common goal. As these students collaborated and encouraged each other, they embodied the theme of their posters. They reminded us that in striving for a sustainable future, it is the collective effort that truly makes a difference.

Their work reminds us all that young people have the potential to lead the way toward a brighter, more sustainable tomorrow, one brushstroke or in this case, one marker stroke at a time. Their determination and creativity set a powerful example for all of us to follow.

"GEOMETRY MEETS CREATIVITY FOR A SUSTAINABLE FUTURE"

BY AMARA SESCON

In a remarkable display of talent and collaboration, three groups of Grade 12 students recently took part in a tessellation contest, where the theme "Partnerships to Progressive and Sustainable Future" sparked their imagination. These young minds, armed with creativity and precision, crafted intricate designs that were not only visually captivating but also deeply symbolic of the future we all aspire to build.

Tessellation, the seamless repetition of geometric shapes, became the perfect metaphor for the contest's theme. Just as tessellations rely on the perfect fit of each piece, a progressive and sustainable future depends on partnerships each person, each idea, working together in harmony. The students' designs, bursting with color and handled with care, demonstrated this very principle.

Their work was a beautiful blend of art and mathematics, where every line and pattern represented unity, balance, and cooperation. The meticulous attention to detail showed their commitment to perfection, much like how we should approach the future with thoughtful, well-placed actions that contribute to the greater good.

This contest was more than just a celebration of artistic ability; it was a reminder of how collaboration and careful planning can lead to a brighter, more sustainable world. These students have shown us that, much like their tessellations, the future we build together can be both beautiful and enduring.



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"PAG-IBIG SA WIKA AT KULTURA: PAGBUBUKAS NG BUWAN NG WIKA SA HOLY ROSARY ACADEMY OF HINUNANGAN, INC." NI JOSH ANTHONY COMAPON

"Mabuhay ang Wika at Kultura ng Pilipinas!"

Ito ang mga katagang binitawan ni Binibining Romela Llano, isang estudyante at presidente ng Samahan ng Pilipino, matapos magbigay ng panimulang mensahe sa pagbubukas ng isa sa pinakaimportanteng pagdiriwang sa ating bansa - ang Buwan ng Wika.

oong ika-lima Agosto, taong dalawang libo't dalawampu't apat, malugod na ipinagdiwang ng Holy Rosary Academy sa Lungsod ng Hinunangan ang pagbubukas ng Buwanng Wikasapangungunang Samahan ng Pilipino, partikular na na ni Binibining Romela Llano, katuwang kanyang mga kasamahan at ang kanilang tagapagturo, si Ginoong Alexzel Duyagit.

Ang Buwan ng Wika ay isang pagdiriwang na ginugunita bawat taon tuwing Agosto bilang pagtataguyod ng ating pambansang wika. . Ngunit ang selebrasyong ito ay hindi lamang tungkol sa ating wika kundi pati na rin sa pagpapahalaga sa ating

kultura, tradisyon, at kasaysayan. Bilang pagbibigay-pugay sa ating kultura, nagsuot ang mga mag-aaralatmgagurong mga kasuotang Pilipino na sumisimbolo sa ating dugong Pilipino. Bukod dito, nagpakita rin ang mga estudyante ng kanilang mga talento sa pamamagitan ng pagtanghal ng mga katutubong sayaw. Sa bawat kumpas ng kanilang kamay at paa, sa bawat ritmikong tunog na umaalingawngaw sa ating tainga, makikita at madarama ang yaman at natatangi nating kultura. Hindi rin nagpahuli ang kompetisyon sa patanungan tungkol sa ating kasaysayan. Sa bawat tanong, dali-daling tumatakbo ang mga estudyante patungo sa mikropono upang maibigay ang kanilang kasagutan. Palakpakan naman

ang mga magtuwing aaral nasasagot nang tama ang bawat katanungan. Sa huli, ang pagbubukas ng Buwan ng Wika sa Holy Rosary Academy isang

Pinuno ito ng mga sayawan at at mahalin ng bawat Pilipino. patimpalak na labis na kinagiliwan ng mga estudyante at nag-iwan ng marka na tatatak sa puso ng mga dumalo. Sa pamamagitan

ng ganitong mga selebrasyon, higit nating napapahalagahan at natatangkilik ang ating pambansang wika, kasaysayan, kultura-isang yaman na



FILIPINO: WIKANG MAPAGPALAYA



Ang Youth for Environment in Schools Organization (YES-O) ng Holy Rosary Academy of Hinunangan, Inc. ay nagsagawa ng isang oryentasyon noong ika-labing siyam ng Agosto taong dalawang libo't dalawampu't apat, hinggil sa Republic Act 9003: Ang Ecological Solid Waste Management Act ng 2000, na pinangunahan ni Bb.

Genevieve Kaye Lopez. Layunin ng kaganapan na hikayatin ang mga kabataan na aktibong makibahagi sa pangangalaga ng kalikasan. Ang oryentasyon, na inorganisa ng Municipal Environment and Natural Resources Office (MENRO) ng bayan ng Hinunangan, Southern Leyte, ay nakatuon sa kahalagahan ng wastong pamamahala ng basura at ang epekto nito sa komunidad. Ang mga kalahok ay nagkaroon ng mas malalim na pagunawa sa mga probisyon ng batas, kabilang ang wastong basura, paghihiwalay pag-recycle, at pag-compost. Si Bb. Lopez, isang masugid na tagapagtaguyod ng pangangalaga sa kapaligiran, ay binigyang-diin ang mahalagang papel ng kabataan sa

paghubog ng isang mas luntiang kinabukasan. "Ang problema sa pamamahala ng basura ay hindi ang sistema, kundi ang paguugali," aniya. Hinimok ang mga batang kalahok na maging mga ahente ng pagbabago sa kanilang mga paaralan at komunidad. Kasama sa programa programa interaktibong sesyon, presentasyon, demonstrasyon hinggil wastong paghihiwalay mga teknik pag-compost. sa Pinaalalahanan din ni Bb. Lopez ang mga kalahok na ibahagi ang kanilang mga sariling ideya at inisyatiba para sa pagpapalaganap ng kamalayan

kalikasan. Sa kabuuan, ang oryentasyon ay naging matagumpay at walang alinlangang nagbigay ng inspirasyon sa mga opisyal ng YES-O, binibigyang-diin ang mahalagang papel ng kabataan sa paghubog ng isang mas luntiang kinabukasan.



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Sa ika-dalawampu't dalawa ng Agosto, taong dalawang libo't dalawampu't apat, sa gymnasium ng Holy Rosary Academy of Hinunangan, Inc., nasaksihan ang masigla at isa sa mga hindi makakalimutang selebrasyon sa paaralan

"HRA ACQUAINTANCE PARTY AND OATH-TAKING CEREMONY 2024: ARAW NG PAGKAKAISA AT PAGDIRIWANG"

NI AMARRA DASIG

Hiyawan! Palakpakan! Tawanan! Iyan ay ilan lamang sa mga nadama at napagmasdan ng mga dumalo sa isang kaganapan sa isang paaralan ng Hinunangan.

institusyon ay nagkaisa at nagtipon-tipon ipagdiwang upang Acquaintance ang Party at Oath-Ceremony. Taking Nagsimula ang programa sa panunumpa ng tungkulin kung saan inanyayahan sa entablado ang mga opisyales ng mga silid-aralan sa bawat baitang, clubs, at schoolbased organizations upang manumpa sa kanilang Ang mga tungkulin.

bagong halal na

opisyal ay nagpahayag ng kanilang pangako na tutuparin ang kanilang mga tungkulin nang may dedikasyon at sinseridad. Bilangkaragdagan, nagmistulang bahaghari ang loob ng gymnasium dahil sa iba't ibang kulay na damit na suot ng bawat antas ng estudyante. Ang mga mag-aaral sa ikapitong baitang ay nagsuot ng puti, na kumakatawan sa ƙadalisayan at bagong simula. Ang ika-walong baitang naman ay nagsuot ng berde, habang asul

naman ang sa ika-siyam na baitang. Hindi naman magpapahuli ang mga nasa ika-sampung baitang ng na nagsuot kulay rosas, pula naman sa ikalabing isang baitang, at lila naman sa mga ate at kuya ng institusyon. Ang mga guro mula sa Junior High at Senior High School ay naghanda ng sayaw na nagpaingay sa mga mag-aaral habang nanonood. Ang mga estudyante ay hindi rin nagpahuli—bawat baitang at seksiyon ay naghanda rin

ng kanilang presentasyon, sumayaw ng o TikTok sila ay Modern dances na nagpakita ng kanilang mga talento at abilidad sa pagkumpas ng kamay at paa na siya kinagigiliwan mga nanonood. Ngunit pinakahinihintay ng lahat at ang pinakatampok sa naganap na pagdiriwang Battle of the <u>B</u>ands kasabay ang hapunan, kung saan ang mga talentadong magaaral mula sa iba't ibang baitang ay nagtagisan upang maabot ang unang Ang naganap pwesto. kompetisyon masasabing mainit, ngunit angmalamignakapaligiran

ay napuno ng pananabik at kasiglahan. Ang bawat banda ay ibinigay ang kanilang pinakamaganda pinakamahusay at pagtatanghal, nagpapakita ng kanilang pagkamalikhain,kagalingan, at pagmamahal sa musika. Sa bawat pagsubo ng ulam ay sumasabay ang ritmikong humuhuni at kumikiliti sa mga tainga manonood. ng huli, nahirapan ang mga hurado sa pagpili magtatagumpay sa pagkamit posisyon. Pagkatapos aktibidad na ito, sumunod naman ang disco kung saan ang lahat ng mga mag-aaral, guro, at iba pang

dumalo ay nagpakita ng kanilang iba't ibang paraan "A NIGHT TO pagsayaw habang tinutugtog ang kanilang mga paboritong musika. REMEMBER" Ang kapaligiran ay napuno ng kasiyahan at enerhiya, at ang lahat ay nagkaroon. ng magandang oras. Sa huli. matagumpay natapos na gabing ang Puno iyon. ng hiyawan, palakpakan, <u>ta</u>wanan labis na kinagiliwan at nag-iwan ng marka na tumatak sa puso ng mga dumalo. Ika nga nila,



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"FLAVOR EXPLOSION: A RECAP OF OUR THRILLING COOKING CONTEST"

BY JASMINE SUELLO

Nutrition amateur chefs competed in students from St. Thomas outcome-marked by St.

Bartholomew n an impressive display of the judges with their Filipino importance culinary creativity, competitive Chicken Curry, earning top Despite adverse weather food enthusiasts gathered to honors in the "Best Main conditions, the competition vie for the titles of "Best Main Dish" category. Their dish, a showcased exceptional talent Dish' and "Best Dessert" blend of aromatic spices and and dedication, emphasizing among fourteen participating tender chicken, was not only the role of nutrition in On Wednesday, a culinary triumph but also promoting individual and July 31, 2024, the Philippine a reflection of their skill and collective Plan of Action for Nutrition dedication. The meticulous Each dish presented was a (PPAN) commenced its attention to detail in their testament to the participants' Month ingredient selection and flavor commitment to excellence celebration. The Senior High integration showcased their and School canteen transformed commitment and artistry, of nutrition's importance. into a vibrant arena where Similarly, the Grade 11 The

impressed of community, and the their understanding competition's



themed "Sa PPAN: Sama- "Best Dessert" category team winning "Best Main Sama sa Nutrition para sa with their Mango Crepe. Dish'' with their Filipino Lahat!" ("In PPAN: Together This dessert, characterized Chicken Curry and St. in Nutrition for All!"). by its creamy texture Thomas' Grade 11 team Under the relentless glare and elegant presentation, securing "Best Dessert" of the sun, which felt like a captivated the judges with with their Mango Crepesearing furnace, and with its exceptional taste. The demonstrated the event's brooding clouds threatening Mango Crepe exemplified significant impact. to interrupt, the participants the students' culinary prowess creations not only delighted endeavors with commendable lasting impression with its how creativity and skill enthusiasm. Despite challenging conditions. consisting of five members, a resounding success, of the positive effects of passionately prepared their highlighting the theme "Sa nutritional education and dishes in categories ranging PPAN: Sama-Sama sa community from main courses to desserts. Nutrition para sa Lahat!" encouraging performances, the Grade 12 participants' remarkable wellness in everyday life. culinary students from St. culinary skills, the spirit

the annual cooking contest achieved victory in the Bartholomew's Grade 12 their culinary and creativity, making a the palate but also illustrated the indulgent flavor profile. can celebrate and promote weather The PPAN's 50th Nutrition nutrition. The event served group, Month celebration was as a powerful reminder engagement, standout The event underscored the prioritization of health and



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"A FRESH START: EMBRACING **NEW BEGINNINGS** AT HOLY ROSARY ACADEMY",

CHESNY EZY ABARTE

As dawn broke over Holy Rosary Academy, it signaled a fresh beginning filled with promise. As the first bell rang, students hurried into the school. their excitement palpable—a familiar feeling at the start of each new academic year.

The day was a whirlwind of emotions for many students. New faces mingled with old ones, eager to find their way and make new friends.

In the plaza, the opening ceremony commenced with a lively parade song performed by the school band, setting a festive mood. Their music echoed, bringing smiles to everyone present. A heartfelt prayer followed, creating hope for the year ahead. The national anthem united voices, and the Southern Leyte Hymn and HRA Hymn celebrated local heritage and school spirit. Father Jan and the school directors emphasized their commitment to a supportive and enriching

environment. The school band showcased their talent with a competition song, earning enthusiastic applause. Students then headed to their classrooms for orientation on rules, regulations, and grading. The successful ceremony set the stage for a year of learning, growth, and achievement, fueled community by spirit and tradition.

"THRIVING TOGETHER FOR A VIBRANT CELEBRATION OF NUTRITION MONTH **CULMINATION: FITNESS AWARENESS"**

BY CHESNY EZY ABARTE

showcasing breathtaking fitness attire brought the students together grade level. from every Leading the way was St. Theodore, whose sleek coordinated and immediately set a high bar. Elementary students watched in awe, their eyes wide with admiration. Next, St. Timothy lit up the stage with a burst of color and energy, captivating everyone present. Following them, St. Titus impressed

with a creative mix of classic and modern fitness wear, inspiring junior high students spirit. their team with Moving on, St. Thomas took the spotlight with minimalist stylish designs yet that combined both comfort and performance, younger students about their possibilities. future St. Bartholomew's bold and dynamic fitness attire perfectly reflected their vibrant personalities,...





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captivating the entire audience and earning enthusiastic applause. St. Bernard's segment captivated the audience with an exceptional blend of practicality and elegance. The models walked with a confident grace, their polished and chic ensembles making a statement of sophisticated style. Each piece seemed thoughtfully curated, striking a perfect balance between function and flair. As the show drew to a Benedict close. St. took the stage, wrapping up the event with an unforgettable Their coordinated finale. outfits symbolized unity and

determination. creating powerful visual narrative. The energy and cohesion of their presentation left a lasting inspiring and impression, the showcase ensuring would be remembered long after the final applause. The NutriFit fitness fashion showcase was a vibrant display of student creativity and energy. Each senior high section brought their own unique flair, culminating in a powerful and inspiring finale from St. Benedict. The event wasn't just about fashion it was a heartfelt celebration of community and passion.



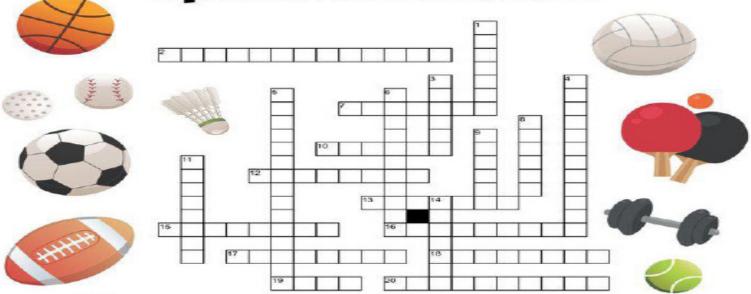
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Yeu use a heavy ball to knock down pins in an alley
 Yeu silide on a snowy hill an two boards on your feet
 An activity where you go down a snowy hill on one board
 An activity where you ride on a horse's back
 A sport where you fight others, often referred as Teekwondo
 Yeu use sticks and a puck to play this sport
 This sport is referred as feotball in England
 Is an American sport, to store you do a touchdown
 This sport requires you to jump over fences while running

Sports Crossword



- Acress
 2. A sport where you dance on ice
 7. This sport take place on ice and you move around on the ice
 10. This sport is where you race in a boat
 12. In this game, you can score something called a Homerun
 13. A sport where you shoot a boar and arrow at a target
 15. An activity that requires a boat and paddles
 16. A sport where you run on a treck
 17. A sport where you run on a treck
 17. A sport where you run on a treck
 18. A sport where you jump as for as you can
 19. You use a club to hit the ball into a hale
 20. A game where you be dribble the ball and shoot the ball into the



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"A TRIBUTE TO OUR PAROCHIAL **VICAR IN HIS SIX YEARS OF SERVICE"**

BY JASMINE SUELLO

n a heartfelt tribute, the Grade 12 St. Bartholomew students gathered in advance to commemorate the Sacerdotal Ordination of our beloved Parochial Vicar, Rev. Fr. Jan Chris Czar V. Tilaon. who also serves as our School Director and Philosophy 12 teacher, in serving Saints

The Sacerdotal Ordination milestone represents a beloved vicar's in our of priesthood, journey recognizing his integrity and dedication to the clerical order and his commitment to sacramental and pastoral duties.

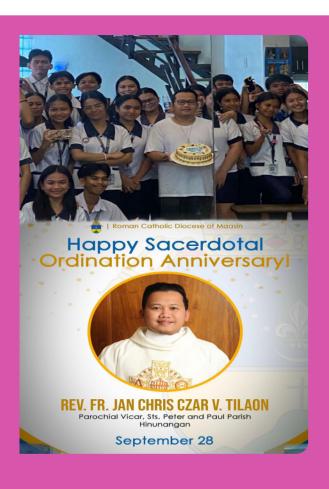
Rev. Fr. Jan started his ministry in 2018, leading the Knights of the Altar (KOA), which have created strong bonds among members serving the Church throughout his full-time journey in priesthood. He was appointed School Director in 2024 and instructs students Philosophy grade 12.

The Knights of the Altar—Marion Libarios Biorn and Tangog together with usherettes Pinky Deluta and Phoebe Odilao, led the way in convincing the entire St. Bartholomew

section to celebrate the priest's new appointment September 26, 2024—two days ahead the actual date

This initiates a lifelong journey of spiritual growth and ongoing theological education. deepening the priest's ability to serve effectively.

The acts priest Christi, persona meaning he represents Christ in his ministry, especially during the celebration of the Eucharist and reconciliation.



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"MATH-SCIENCE CULMINATION CELEBRATION: A DAY OF TRIUMPH AND UNITY"

BY JASMINE **SUELLO**

he much-anticipated and Science Culmination kicked off with a vibrant parade, distinguished by the school's band, the Deep Blue Band. They accompanied were by the Math-Science advisers, officers, and the esteemed school faculty staff. and <u>following</u> the three respective departments— Elementary, Junior. High. Senior and

The Deep Blue Band dazzled the audience with a special presentation showcasing the spirit and achievement from their triumph in the Band Competition during the 94th Founding Anniversary of Anahawan, Southern Leyte, last August 11, 2024. "It's not magic, it's science!" A famous quote by Amie Kaufman, famous inspired the science experimentation journey of Grade

Bartholomew Benedict Science Technology Engineering and Mathematics (STEM) students. Their efforts were not just an academic exercise; they were a celebration of curiosity, collaboration, and relentless pursuit the knowledge.

In the afternoon, continuation the celebration featured standout two events:

Cocktail with Competition participants from Grades 7, 8, and 9, and the Gown and Tuxedo Competition with 6 participants from Grades 10, 11, and 12.

Following these, the Square Dance competition for Grades 7 and 8, the Jingle competition for Grades 9 and 10, and the MathSci-Yaw competition for Grades 11 and 12 brought mathematical concepts and scientific principles to life, creating lively atmosphere.

This year's Math and Science Culmination not only celebrated student talents but also emphasized the importance integrating environmental awareness into education.

By engaging in these competitions, students demonstrated that creativity and scientific understanding can go hand in hand, fostering a generation of innovators tackle future challenges. his was followed by departmental activities featuring unique contests, games, and trivia that fostered a sense of camaraderie among students. The High School Department celebrated the annual Math and Science Club event. The remarkable Grade 12 students unexpectedly triumphed in various competitions, Tincluding parlor games, which were divided and participated in by representatives from Grade 11 and Grade 12.





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"MATHSCI STUDENTS TRANSFORM GARBAGE INTO HIGH FASHION: REDEFINING SUSTAINABLE STYLE ON THE RUNWAY"

BY CHESNY EZY ABARTE

he fashion show featured an impressive lineup of models from various grade levels. The event began with the 7th-grade students, where St. John was the first to take the runway, followed by St. Jude and St. Joseph. Next, the 8th-grade participants took the stage, with St. Andrew leading the group, followed by St. Augustine and St. Anthony. In the 9th grade, St. Matthew was the first to present, with St. Martin and St. Mark following shortly after. The show then progressed with the 10th, 11th, and 12th-grade students, who entered the runway with their partners, showcasing their recycled gowns and tuxedos.

crowd's favorite participants were also highlighted: St. John was the popular choice for the 7th grade, St. Anthony

for the 8th grade, and St. Martin for the 9th grade. For the older students, the 10th-grade male and 11th-grade female contestants captured the audience's admiration. The top performers in the category of introductions were St. John from the 7th grade, St. Andrew from the 8th grade, St. Mark from the 9th grade, and both male and female participants from the 12th grade. In the sustainable fashion category, where students showcased outfits made from recycled materials, the winners included St. John in the 7th grade, St. Andrew in the 8th grade, St. Mark in the 9th grade, with the 10th grade recognized for the best tuxedo and the 11th grade for the best gown.

As the competition came to a close, the winners were

announced. In the 7th grade division, St. John took first place, followed by St. Joseph as the runner-up, with St. Jude finishing in third. For the 8th grade, St. Andrew emerged victorious, with St. Augustine as the runner-up, St. Anthony in third place. In the 9th grade division, St. Mark claimed the top spot, with St. Martin in second and St. Matthew in third. Finally, in the combined 10th to 12th grade division, the 12th grade secured first place, followed by the 11th grade in second, and the 10th grade in third.

MathSci Fashion Show was a huge success, presenting not only stylish clothing but also a fresh perspective on sustainability. It encouraged students to creatively consider fashion's future, illustrating that style and environmental accountability can coexist.





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"THE CREATIVITY AND COLLABORATION IN SINGING AND DANCING: MATHEMATICAL AND SCIENTIFIC CONCEPTS"

BY JASMINE SUELLO



talent and teamwork, the MathSci Culmination featured a unique blend of dance and creativity alongside the concepts of math Students from various grades came together to demonstrate their learning and collaborative spirit through a series of engaging performances.

Throughout day. atmosphere was electric, filled with laughter and camaraderie. The event celebrated the hard work and creativity of our students, The performances kicked off with the spirited Square Dance competition, where students from Grade 7 (St. John, St. Jude, and St. Joseph) and Grade 8 (St. Andrew, St. Augustine, and St. Anthony)

took the floor. Under the guidance of their teachers, these young dancers choreographed routines that not only showcased their rhythm and coordination but also incorporated mathematical

Next, the stage was set for the Jingle competition featuring Grade 9 (St. Matthew, St. Mark, and St. Martin) and Grade 10 (St. Paul, St. Peter, and St. Philip). Students showcased their creativity through original jingles that combined catchy tunes with scientific concepts.

Rounding out the event, the MathSci-Yaw competition from Grade 11 (St. Thomas, St. Titus, St. Timothy, and St. Theodore) and Grade 12 (St. Bartholomew, St. Benedict, and St. Bernard) featured dynamic dance performances that also incorporated mathematical and scientific concepts.

The Math and Culmination event was a success, demonstrating that learning extends beyond textbooks and classrooms. By integrating dance and performance with academic subjects, our students showcased their creativity and understanding in ways that inspired both them and their audience. Let us continue to blend knowledge with artistic expression through singing and dancing, exploring the endless possibilities of education.

"Partners to **Progressive and Sustainable Future**"





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"ROSARIANS SHINED IN PARLOR GAMES AT NUTRITION MONTH CELEBRATION"

BY PATRICIA RANCES

he students participated is Sinking and Longest Line. the parlor

games in the Grade 5 from Elementary and Nutrition Month 2024 held Grade 12 – St. Bartholomew aced Holy Rosary Academy the lemon race. The paper dance gymnasium on July 31, 2024. were scored by Grade 12 and Grade The 50th Nutrition Month 11 – St. Thomas. Grade 11 blitzed Culmination with the theme the talong race. Egg catching "Sa PPAN: Sama-sama sa were aced by Grade 12. Grade Nutrisyong Sapat Para sa 11 – St. Theodore coasted victory Lahat", highlights different in the apple race. Grade 12 from activities and one of it was the St. Benedict won with ease in the parlor games. The students per apple eating contest and the boat grade level showcased their is sinking game. Grade 11 soared skills and great teamwork on the last game, the longest line. different games; Lemon Race, The hard work and cooperation Paper Dance, Talong Race, paid off, making the students Egg Catching, Apple Race, per grade level celebrate their Apple Eating Contest, The Boat victory on different games.



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"LARO NG LAHI: ANG KAHON NG SAYA"

NI MARK JHONLY LABRADOR

baitang, St. John, St. **U**inanap ang Jude, at St. Joseph, paligsahang ito ay nakipagtagisan sa Holy Rosary sa mga seksiyon ng Academy of ika-walong baitang, Hinunangan, Inc. St. Andrew, St. Gymnasium noong Augustine, at St. Biyernes, ika-30 Anthony. Agad ng Agosto 2024, na lumamang ang mula 9:30 hanggang mga mag-aaral ng 10:00 ng umaga. ika-pitong baitang Ang bawat grupo ay dahil sa kanilang binubuo ng limang angking bilis. kababaihan mula sa Mainit ang naging iba't ibang seksiyon laban ng dalawang ng ika-pito at ika- pangkat, lalo na walong baitang. nang magpursigi ang Ang mga seksiyon mga mag-aaral ng ika-pitong ika-walong baitang ng

humabol na kalagitnaan ng laro. Tumaas ang tensyon sa hanay ng mga tagasuporta parehong ng koponan dahil pagsusumikap ng ika-walong baitang makahabol. Gayunpaman, ang mga diskarte ika-pitong baitang, kabilang ang kanilang paggalaw sa maliit na espasyo ng karton na kanilang inaapakan, ang nagdala kanila sa tagumpay.





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"CATCH THE EGG: WALANG NAG-ITLOG NG PANALO!"

NI ROMELA LLANO

Lindi natagumpayang masungkit ng koponan ng St. Titus galing sa ika-labing isang baitang ang titulong "Best Catcher of the Egg", matapos silang mabigo sa pagsalo ng itlog sa huling yugto ng laro.

isinagawa departamento ng High Senior School Holy Rosary Academy of Hinunangan, Inc., ika-30 Agosto 2024, mula 7:30 11:45 ng umaga.

Ang bawat koponan ay binubuo ng tigdalawang mula sa iba't ibang pangkat ng b<u>awat</u> baitang. labing isang baitang, kabilang ang mga Št. koponan Titus, St. Thomas,

St. Timothy, at St. Theodore, kung saan ang St. Timothy ang unang naligwak sa laro. Habang sa ika-labing dalawang baitang kabilang ay mga koponanng Bartholomew, St. Bernard, at St. Benedict, kung saan ang St.Bartholomew nawalis laro.

Sa kalagitnaan ng laro, lumitaw ang matinding labanan sa pagitan ng St. Thomas at St. Titus nang silang dalawa

ang Hindi na lamang natira. maiwasang pak sa humagalpak hiyaw månonood na paaralan, dahil <u>kaba</u> na dulot mainit na laro.

Ngunit huli, idineklarang walang nanalo para sa larong 'Catch' the Egg". matapos mabigong masalo ng koponang St. Titus sa ika-labing baitang ang huling itlog na sana ay nagpanalo sa kanila.





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"GRADE 12 OUTTHROWS GRADE 11 IN THE PARLOR GAMES, 4-2"

BY KRISTINE ABREA

Grade 12 clinched the overall title in the Parlor Games, defeating Grade 11 with a final score of 4-2 during the Math-Science Culmination at Holy Rosary Academy of Hinunangan, Inc. Senior High School Department, on September 27, 2024.

Despite Grade 11 taking an early lead by winning the first two games (Number Game and Up-and-Down Cup Game) for a 2-0 advantage, Grade 12 mounted an impressive comeback, winning the remaining four games to secure the overall championship, 4-2.

In the Number Game, with 10 participants from each grade, Grade 11 won the initial points with a 2-0 lead (0-1, 2-3, 1-0). They secured victory in the tie-breaker as well, ending the game with a 5-4 score in favor of Grade 11.

Next, in the Up-and-Down Cup Game, Grade 11 once again came out on top, with a final tally of 10 cups up to 8 cups down. However, in the third game, Puddle Jumper, Grade 12 began their comeback. A determined Grade 12 player blew the ball to victory, earning their team the first point of the series.

In the Pinoy Henyo Grade 11's representatives, Ayesha Jassen Cadauan and Gorshem Exile, scored 2 points. However, Grade 12's Chad Michael Alazas Tangog and Bjorn secured points, another bringing win to their team. The brain-teasing Battle of the Brains saw both grade levels answering questions correctly, but Grade 12 emerged victorious with a final score of 5-4, earning them another crucial point.

The final game saw a Grade 12 student display his prowess in solving a Rubik's cube, successfully claiming the last point and securing the overall championship for Grade 12 in the Parlor Games. Additionally, a special Teachers' Edition game called 'The Balloon Game' was played by male teachers Mr. Gino Cardona, Mr. Rembert Sta. Iglesia, Mr. Jimuel Adlao, and Mr. Alexzel Duyaguit, along with female teachers Mrs. Aieza Marie Tagnipez and Ms. Shella Cabilan. Mr. Sta. Iglesia

and Mr. Duyaguit claimed the prize for winning the game.



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"BEYOND THE LABEL: PARTICIPANTS SHOWCASE COOKING SKILLS AND HIGHLIGHT NUTRITIONAL VALUE"

BY SHERMAE CALIAO



"CALORIES BURNED, SMILES EARNED: DANCE YOUR WAY TO FITNESS AND FUN THROUGH ZUMBA"

BY: SHERMAE CALIAO

oly Rosary Academy of Hinunangan Inc. celebrates the culmination of Nutrition Month on July 31, 2024. One of the highlights in the morning is Zumba Students from elementary to senior high are participating in the performance.

Students of Holy Rosary Academy are having fun dancing in Zumba since it stands out as a fun and effective exercise

option for students. Italso promotes physical fitness. cardiovascular health, muscle toning, and improves mental wellbeing of the students. Its combination of dance, aerobic exercise make it a versatile workout suitable for diverse populations, especially students. Zumba relieve stress and offer a fun and exercise... continue on page 28

highlights of the nutrition month Students are showcasing their talents in cooking while acknowledging its nutritional value. Nutrition Month focuses promoting importance of having Nutritious dishes lessen the risk of developing such as cancer and heart disease. The nutrients the body needs to sustain a healthy brain, muscles, bones, blood circulation,

and immune system are found in the foods that every individual consumes.

Students have a great time preparing and cooking their dishes; they prepare the food according to the nutritional value that can benefit every individual's body. Grade levels from eleven to twelve compete for the Nutrition Month cooking show; there are five members per group in every section for the dessert, and five members per group in...





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"STEM IN ACTION: EXPLORING DIFFERENT REACTIONS" BY: SHERMAE CALIAO

"CURIOSITY IS THE HEART OF DISCOVERY"

elected Grade STEM students their showcased skills with series of thrilling hands-on experiments during the opening program of Math-Sci Month on September 2024, with the guidance their General Chemistry Ma'am Maeflor Adolfo, demonstrating experiments both fun and informative.

The first group launched a water bottle rocket, demonstrating Newton's third equal and opposite reaction. high, cheers of the students filled the air, showcasing the thrill of learning through doing. The second group created a lava lamp by mixing oil, water, and food which coloring resulted in a visually stunning display... continue on page 29

Dringing **STEM** life, students showcased their experimental performances during culmination the of Math-Sci September 27, 2024. budding brought chemistry the forefront, wowing their audience with experiments that demonstrated how exciting science can be. Science took center stage as these students transformed ordinary objects into extraordinary reactions.

The first group perform was led by Daling. Ms. Rexie This group amazed the audience with a spectacular called "Fireworks in a Glass." The team involving involving balloons to simulate a mini firework show inside a glass container. This simple yet engaging experiment aimed at showcasing chemical involved gases ignited in a confined space, similar to the mechanisms behind fireworks.. continue on page 29 real

"YOUNG SCIENTIST: SHOWCASE THE WONDERS OF CHEMISTRY"

BY: SHERMAE CALIAO





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'BEYOND THE LABEL: PARTICIPANTS SHOWCASE COOKING SKILLS AND HIGHLIGHT **NUTRITIONAL VALUE" CONTINUATION**

your body and mood every the main dish. There are four sections As for the main dish, Bartholomew declared Their winner. dish 100 grams of chicken curry, which As for the dessert, has 110 calories, 3 grams of total fat, 1.2 grams of saturated milligrams of cholesterol, 154 milligrams of sodium,

move to help improve total carbohydrate, 2.3 grams of dietary fiber, for 3.3 grams of sugar, and 6 grams of protein. Additionally, it has 8% of vitamin C, 4% of iron, 5% of vitamin the B6, 2% of magnesium, and 2% of calcium.

Saint Thomas was Their dessert is mango crepes, which have 200–300 kilocalories, 10–15 grams of total fat, 179 milligrams of 5-8 grams of saturated the potassium, 16 grams of fat, 50–100 milligrams is

of cholesterol, 100-200 milligrams of sodium, 25–40 grams of total carbohydrates, 2-4 grams of dietary fiber, 15–25 grams of sugar, and 4-8 grams of protein. The importance of nutritional facts to inform the public about the amount of nutritional content that they will consume.

Therefore, participants described cooking show of the

amazing activities of this month; they have a lot of fun expressing their talents in cooking and enjoying every moment of it. One of the purposes of having nutrition is to remind every individual that they can remain healthy recognizing healthy, balanced diet acknowledging and the significance of facts. nutritional healthy Consuming Consuming foods can provide nutrients according to what your body needs.

"CALORIES BURNED, SMILES EARNED: DANCE YOUR WAY TO FITNESS AND FUN THROUGH ZUMBA" CONTINUATION

Zumba is a lively blood dance participants move beat while own sweating Beyond its lively students' creative vibes, Zumba has minds not impressive health work benefits according muscle groups to scientific but also improve research. have shown that balance, Zumbacanimprove flexibility, making cardiovascular itacomprehensive fitness by boosting fitness choice that heart rate and suits the students. enhancing heart It's a total-body rate variability. workout

pressure, that r e d u c e d encourage cholesterol levels, to and increased their overall endurance. dance out moves that are smile. created by only for major Studies coordination, sessions leaves participants can lead to lower feeling energized

and empowered, both physically and mentally.

Therefore, Zumba helping students to improve their physical aspects, but it can also uplift their mood and aspects. You can have fun while achieving your fitness goals through Zumba. It remains a vibrant example of how exercise can be both enjoyable and beneficial to overall health.

"STEM IN ACTION: **EXPLORING DIFFER-ENT REACTIONS"** CONTINUATION

This colorful display of density and how some liquids don't The mix. group captivated students with their elephant toothpaste experiment. They combined hydrogen peroxide and catalyst to create a foamy explosion, showing how reactions certain can be captivating and fun. The fourth group combined two classic experiments: the baking soda



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⊠: hra_hinunangan@yahoo.com

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experiment with a the importance demonstration. The multiple reaction inflated a balloon and put out a As MathSci candle, highlighting continues, gas and The fifth reaction, and clock where clear solutions our suddenly changed experiment color, demonstrating curiosity chemical reactions in encourages an eye-catching way. to Finally, the sixth and achieving another foamy explosion. reminds toward This everyone how fun and

and vinegar balloon science can be and candle extinguishing trying experiments

Month these production experiments remind combustion. us that science is group more than just facts; conducted the iodine it is about discovering understanding world. Each sparks and students ask questions explore group repeated the further. With every elephant toothpaste experiment—whether experiment, it goes as planned or not

> they take steps new ideas discoveries.

"YOUNG SCIENTIST: SHOWCASE THE WON-DERS OF CHEMISTRY" CONTINUATION

Ms. Romela together with her team, presented captivated the audience copper with showed how filled with flammable gas when these with fire. This experiment experiment highlighted the explosive showcased nature of certain gases and of energy controlled environment. the

fireworks. Led by Mr. Eli Benedick Llano, Cabasisi, another group chemical demonstrated "The Bubble reactions using common Fire" experiment, which substances like vinegar, sulfate. flammable and aluminum foil. The performance. The group team demonstrated how bubbles hydrogen gas is released could ignite into a burst react, resulting in a small. of flames upon contact controlled explosion. This effectively the release in chemical how they react to fire in a reactions and emphasized accessibility

chemistry everyday materials. Mr. Walter Geo Guibone and his group presented classic "Flame Test" experiment, using different chemical compounds to produce flames various colors. Sodium chloride produced a bright yellow-orange flame. copper sulfate yielded a light greenish hue, and potassium iodide resulted in a vivid purple-to-pinkish color. This test provided a visual representation how different elements emit light when heated, revealing their unique spectral signatures. Although some colors were faint, the group successfully demonstrated how an element's composition can be identified by its flame color. Ms. Julianne Arquion and team showcased a captivating experiment, illustrating how nail polish, when exposed to water, can produce a small flame. The demonstration involved carefully lighting a

in match or lighter near holding water and nail polish. The flammable fumes from the nail polish vaporized and ignited upon contact with the flame, highlighting the concept of evaporation, where liquids transform into flammable vapors. Alyssa Kaye Sabaulan, along with her team, demonstrated thermodynamics showing how two glasses can be "glued" together using heat and moisture. Heat from a candle was applied to a tissue placed between the glasses. creating moisture and pressure inside one of the glasses. This resulted in a suction effect that held the glasses together, demonstrating heat and pressure work thermodynamics. These experiments not only sparked curiosity but also demonstrated the powerful and sometimes surprising ways in which chemicals react with one another. They showed that chemistry isn't just in textbooks—it's all around us, ready to spark wonder and excitement.



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"The Grand Judgement"

Realm of vice,
Shrouded in deceit,
Call me to my end, the anthem of lies.
Perish, dance to the devil's tune.

In the midst of the grand feast, Welcome, well met, Unrepentant allies of mine.

Under the shadow of the great guillotine, Whose fate is sealed? Who will follow?

Place my fair head in your chamber, Love has vanished, empathy lost. What have we sacrificed?

Is it a farm, is it society? Am I the hunter or the hunted?

> It may seem alluring, It may look exquisite, It may be grand, This might be justice.

Beneath the immense guillotine, Whose destiny awaits?

-rouge.ross

"Wikang Mapagpalaya"

Buwan nanaman ng Agosto, Ipinagdiriwang nanaman ang buwan ng Wikang Pambansa, Wikang bumugkos at bumuklod sa bawat isa, Wikang nag panday ng ating pag- asa.

> Wikang Filipino wikang mapagpalaya, Taong api ay di binalewala, Pagkat hatid niya ang ating paglaya.

> > -Jan

"Sa Anino ng Pag-ibig"

Kung ang resulta'y tila isang aninong naglalaho, Sa bawat pag-asa, ako'y nagiging alon ng hangin Mahal ko nga siya, sa pusong nag-aalab, Ngunit sa pag-ibig niya, ako'y tiyak na nag-iisa, Isang pag-asang sa dilim ay nagliliparan, Isang pangarap na natatakpan ng ulap ng takot.

Sa bawat titig, ako'y nahuhulog sa kanyang ganda, Ngunit sa kanyang puso, ako'y isang estranghero, Ang mga salita'y tila nagiging hangin, Sa kanyang mundo, ako'y isang alingawngaw, Na wala sa tono, isang himig na naligaw, Isang awit ng pag-asa na sa dilim ay naglalaho.

Kahit na ang damdamin ay tunay at wagas, Sa kanyang pag-ibig, ako'y tila isang ulap, Na sa kabila ng init ng araw, ay nagiging hamog, Isang pag-ibig na sa kanya'y hindi kailanman mag-uugat, Isang damdaming sa hangin ay naglalaro, Sa bawat hakbang, ako'y nawawala, nagiging anino.

Sa likod ng mga ngiti, may lungkot na nakatago, Sa bawat yakap, ako'y nagiging mas malayo, Isang pag-ibig na tila isang pangarap na nilimot, Na sa kabila ng lahat, ako'y naglalakbay sa dilim, Umaasang balang araw, ang puso'y magigising, Sa pag-ibig na sa kanya'y tunay na mag-uugat.

Ngunit sa bawat pagsubok, ako'y natututo, Na sa likod ng sakit, may aral na nakatago, Sa pag-ibig na ito, ako'y nagiging matatag, Sa mga aninong naglalaho, ako'y muling babangon, Dahil sa bawat pag-ibig, may pag-asa at liwanag, Na sa kabila ng dilim, ako'y muling maghahanap.

-Lila

PIECES

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⊠: hra_hinunangan@yahoo.com

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"Paalam, Julyana"

Sa ilalim ng araw na sumisikat, Ay isang dilag na tila bituin, Buhok niyang itim na kay sarap pagmasdan, Sa dulo ng kanyang ngiti'y puno ng ligaya't pag-asa.

Kayumangging balat na tila likha ng lupa, Sa salamin na matalim, mga mata'y nagniningning, Matangkad na tila puno sa hardin, ngunit ikaw ang nagbukod tangi sa mga bituin At sa kanyang sulat-kamay, sining ay naglalakbay.

Leonora'y parang musika sa hangin, Sa bawat galaw at tunog ng kanyang tinig, Julyana, ikaw ay katulad niya, Ang bawat araw mo'y isang awit ng pag-ibig.

Sa tuwing ikaw ay naglalakad sa ilalim ng araw, Ang mundo'y gumagalaw sa iyong ritmiko, Ang mga ulap ay tila sumusunod sa iyo, Ang bawat hakbang mo'y nagdadala ng saya, na siya ring nagbibigay sakin ng Ligaya

Ang bawat ngiti mo'y liwanag sa gabi, Sa mata mo, masasalamin ang pag-asa't pangarap, Ang iyong sulat ay sining na buhay, Sa bawat letra, damdamin ay nananalaytay. Ang iyong kagandahan ay walang kapantay, tila isang bahagharing nagniningning sa kulay. Ikaw ang Leonora sa bawat pagdapo ng araw, Sa pagkakilala mo, mundo'y mas maliwanag, Julyana, ikaw ang simoy ng bagong pag asa.

Sa aking pag-alis, sana'y huwag mo akong kalimutan, Sa mga alaala't araw na nagdaan, Ang bawat tula ay tanda ng pag-ibig, Na sa puso mo'y ako lagi ang mananaig. Paalam, Julyana.

-Kuneho

PHOTO

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⊠: hra_hinunangan@yahoo.com







REXIE DALING

YVONNE DUMAGAT

JEREMY MOBO KEENE CABALHIN

ZIA FEJI

CHANLIE LUCIN

YVONNE DUMAGAT

JOHANN EXILE KRISTINE ABREA

AMARA SESCON

VICTORIA LORINO CHARRID SUMARAGA THEA JUMENEZ

ELI CABASISI

BRYLE BUTA ANDREI CABANERO

JAZZY LEE

JORGE KUIZON

ASSIL VAPOUT ARTIST
BRYLE BUTA
ATHENA PASATIEMPO
VINCE CAHUTOC
JEREMY MOBO
PROTOJORNALST

KRISTINE ABREA PATRISHA RANCES JHONLY LABRADOR

ROMELA LLANO

CHESNY ABARTE JASMINE SUELLO JOSH COMAPON

AMARRA DASIG

SHERMAE CALIAO

JAN KUNEHO LILA THE KNAVE ROUGE.ROSS DANIEL LAREN

JIMUEL ADLAO MARCONIE TERANTE

